

**MY
PRAYER, PRAISE & PROMISE
JOURNAL**



Washington Metro Area Women's Ministries

But you are a *CHOSEN* people, a royal priesthood,
a holy nation, God's special possession,
that you may declare the praises of Him
who called you out of darkness
into His wonderful light.

1 Peter 2:9 NIV



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MY PRAYER, PRAISE & PROMISE JOURNAL

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Designed/Created by Sekema Rhodes for Chosen Vessels of Washington Metro Area Women's Ministries.

Hey There Sister!

I am happy that you chose to go on this daily journey with other women just like you, seeking a closer walk with Christ.

Our God has *given unto us exceeding great and precious promises: that by these ye might be partakers of the divine nature, ...2 Peter 1:4.* God's promises are certain and true, because *"God is not a man, that He should lie; neither the son of man, that he should repent: hath he said, and shall he not do it? or hath he spoken, and shall he not make it good?" Numbers 23:19.*

We have the privilege and opportunity to approach the Throne of Grace at any time, from anywhere. We have an opportunity to allow our faith to grow in a way it has never been before. We are to focus on our God. He invites us to choose Him. He invites us to turn our eyes upon Him.

This printable Prayer, Praise, and Promise Journal is to serve as a complement to your prayer life. While this is not a dictate for how you spend time with God, it is a guide to accompany the time you spend with the Creator of the Universe. The One we have the privilege to call - Father.

There is no time like the present to spend more intentional and consistent time with God. Our Heavenly Father wants to hear from us. I am encouraged as are you, to *be careful for nothing: but in everything by prayer and supplication with thanksgiving, let your requests be made known unto God. And the peace of God, which passes all understanding, comprehension, and reason, shall keep your hearts and minds through Christ Jesus. Phil. 4:6,7*

This Journal was meant for you, my sister.

Here's what you'll find inside:

Daily Journaling space to write a Prayer, Praise and Promise ...or two. This journal includes 31 pages dedicated to Daily Journaling. Each page allows you to enter your prayers, praises, and promises once per day or maybe you want to journal in the morning when you rise and again in the evening. If so, there is space for that. If you need more pages, please feel free to print more.

Prayer

In this space start by letting God know what's on your heart. What and Who are you praying for? Do you need more peace? Tell Him. Do you need more Faith? Ask Him? Do you need His assurance, call out to Him. *If you believe, you will receive whatever you ask for in prayer. Matthew 21:22 NIV*

Praise

There is so much for us to be thankful for. If you are reading this, you can praise God for the gift of sight. Did you print it? Amen for technology. Did a friend share this journal with you or were you able to share with a friend? Thank Him for those who care for you and those you care about. Thank Him for His goodness, His Mercy, and His grace and write down all the things that you can give God praise for. *Great is the LORD! He is most worthy of praise! No one can measure His greatness. Psalm 145:3 NLT.*

Promise

The Bible is filled with thousands of *great and precious promises* from our God that enable us to *share His Divine nature and escape the world's corruption caused by human desires. 2 Peter 1:4.* In this section, reflect on a promise you may have recently read or heard. Record it here and take some time to reflect on the assurance from your Heavenly Father.

You will also see the following sections:

- **PRAYER LIST** to record who and what you are praying for during this season.
- **GLADNESS & GRATITUDE** for you to count your blessings and name them one by one.
- **PRECIOUS PROMISES** to list the promises of God that are most dear to you.

I take comfort in the reminder from Joshua 23:14 that *We know in our hearts and souls, all of us, that not one word has failed of all the good things that the LORD our God promised concerning us. His promises have come to pass for us; not one of them has failed.*

Let's stand, sit, and rest on the sure promises of our trust-worthy Lord and Savior. May you be blessed as you fill the pages of this journal, for this season of your journey.

Sekema Rhodes

Leader, Washington Metro Area Women's Ministries
Spring 2020

ABSOLUTE ASSURANCES

Sister,

I know you are excited to delve into the daily journaling pages, but just before you do, I want to share with you a few of my favorite promises and I pray they are a blessing to you.

God's Power Can Provide for Us More Than We Can Even Imagine

Now to Him who is able to do exceeding abundantly above all that we ask or think, according to the power that worketh in us," Ephesians 3:20 NKJV

God Wants Us to Be of Good Courage

Wait on the Lord: be of good courage, and He shall strengthen your heart, wait, I say, on the Lord. Psalm 27:14 NKJV

God is Our Provider

But my God shall supply all your need according to His riches in glory by Christ Jesus. Philippians 4:19 KJV

God Understands That We Get Overwhelmed

Cast thy burden upon the Lord, and He shall sustain thee: He shall never suffer the righteous to be moved. Psalm 55:22 KJV

God Provides Relief When We Experience Fear

He that dwelleth in the secret place of the Most High shall abide under the shadow of the Almighty. Psalm 91:1 KJV

God Offers Us Peace

Peace I leave with you; My [perfect] peace I give to you; not as the world gives do I give to you. Do not let your heart be troubled, nor let it be afraid. [Let My perfect peace calm you in every circumstance and give you courage and strength for every challenge.] John 14:27 AMP

God's Strength is Available to Us

I can do all things through Christ which strengthens me. Philippians 4:13 NKJV

When You Are Troubled...

Let not your heart be troubled: ye believe in God, believe also in me. John 14:1 KJV

When You Are Ill...

Heal me, O Lord, and I shall be healed; save me, and I shall be saved: for Thou art my praise. Jeremiah 17:14 KJV

Having a Hard Time Understanding God's Plans?

For My thoughts are not your thoughts, neither are our ways My ways, saith the Lord. For as the heavens are higher than the earth, so are My ways higher than your ways, and My thoughts than your thoughts. Isaiah 55:8, 9 KJV

Going Through a Challenging Time?

Many are the afflictions of the righteous, but the Lord delivers Him out of them all.
Psalm 34:19 NKJV

God is All We Need

But my God shall supply all your need according to His riches in glory by Christ Jesus.
Philippians 4:19 KJV

God Enjoys Blessing Us

Delight thyself also in the Lord; and He shall give thee the desires of thine heart. Psalm 37:4 KJV

God Will See Us Through

Being confident of this very thing, that He which hath begun a good work in you will perform it until the day of Jesus Christ. Philippians 1:6 KJV

God is our Protector

The Lord your God, who goes before you, He will fight for you, ... Deuteronomy 1:30 NKJV
God is our refuge and strength, always ready to help in times of trouble. Psalm 46:1 NLT

We Are Children of God

For ye are all the children of God by faith in Christ Jesus. Galatians 3:26 KJV

God is Faithful

Your mercy, O Lord, is in the heavens; Your faithfulness reaches to the clouds. Psalm 36:5 NKJV

God Favors Us

For the Lord God is our sun and our shield. He gives us grace and glory. The Lord will withhold no good thing from those who do what is right. Psalm 84:11 NLT

My Sisters, let us come boldly to the throne of our gracious God. There we will receive His mercy, and we will find grace to help us when we need it most. Hebrews 4:16 NIV

Be Encouraged. Be Blessed! Happy Journaling!



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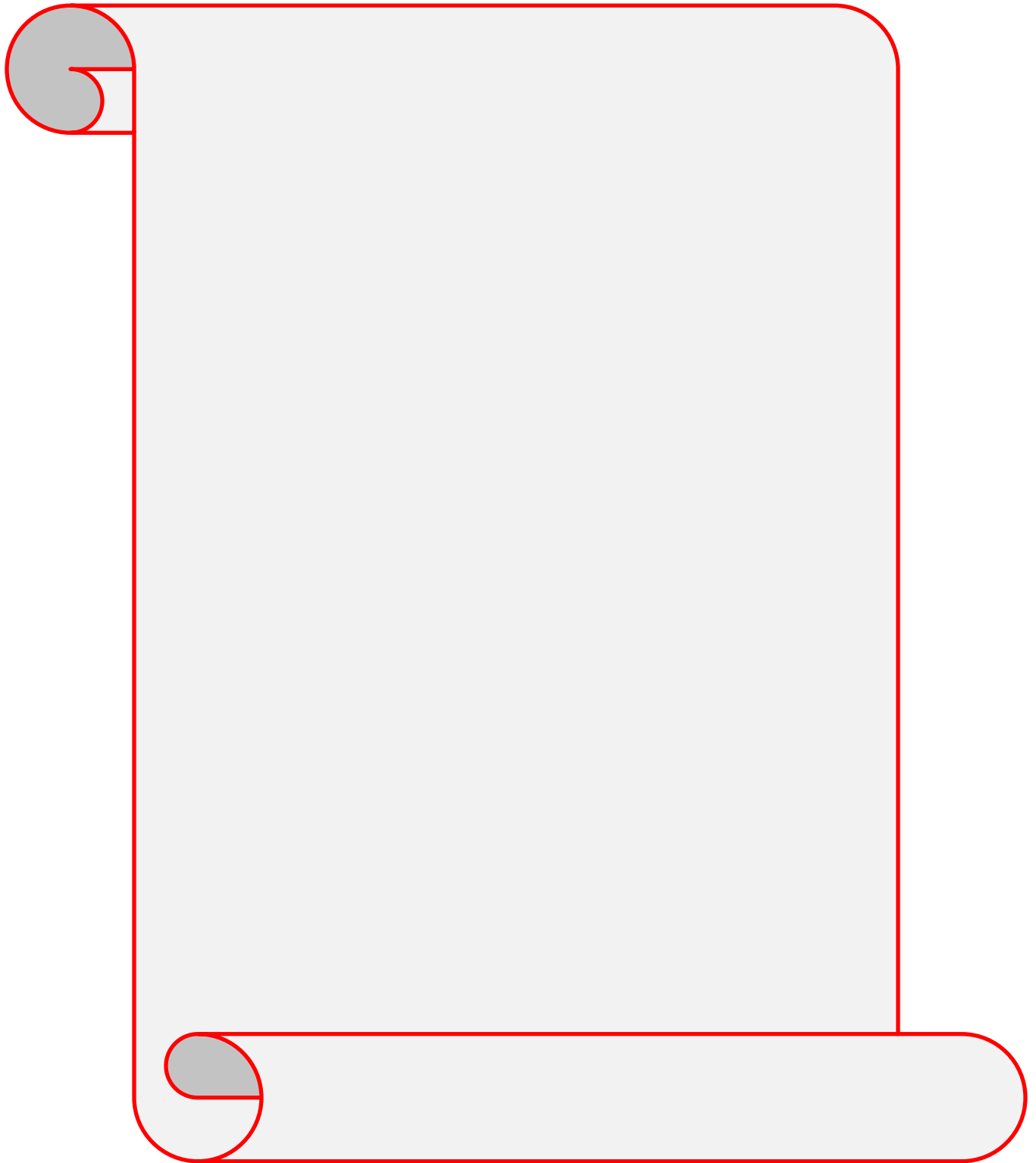
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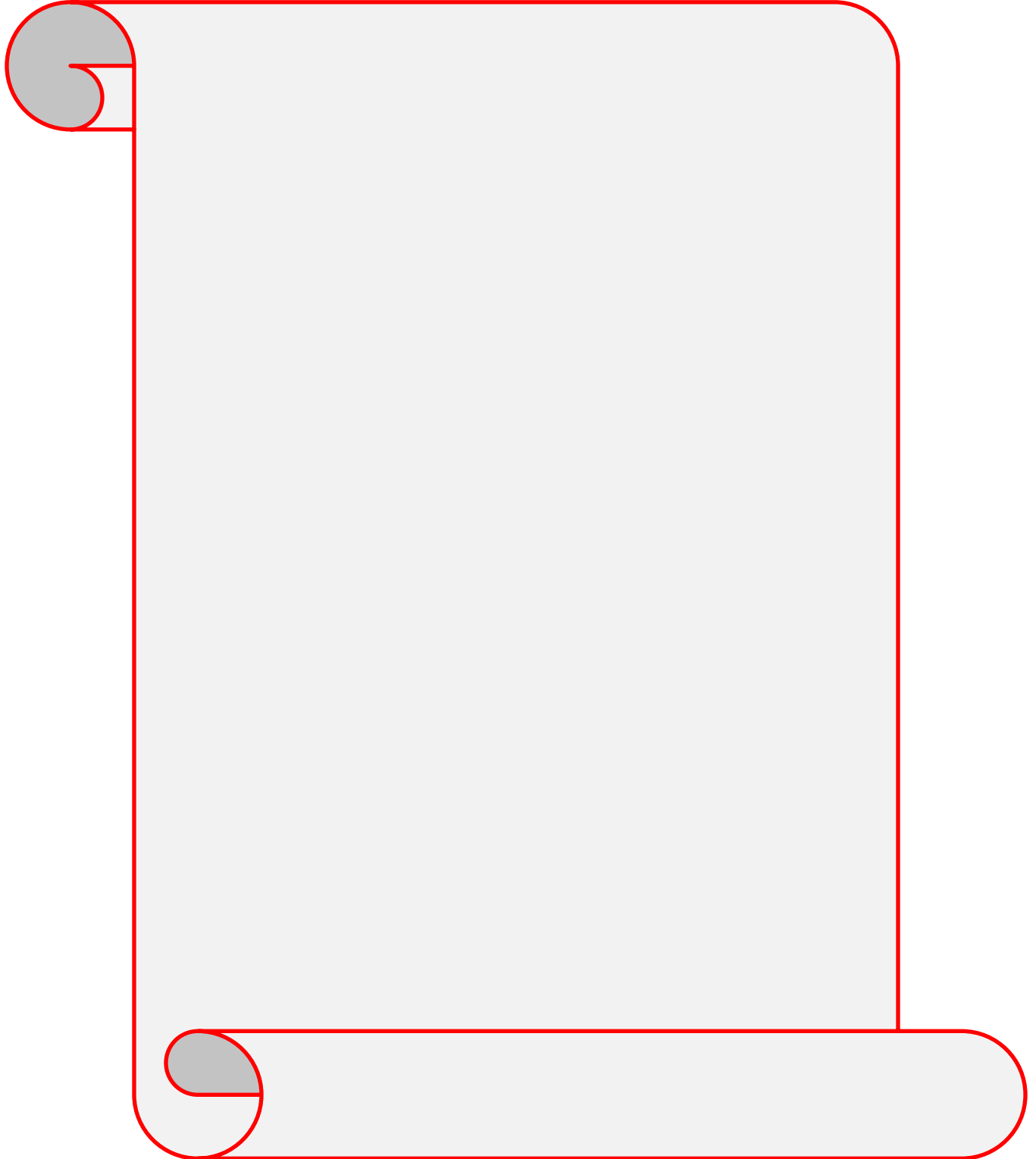
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PRAYER LIST

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